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Buddhist meditation is the practice of meditation in Buddhism. The closest words for meditation in the classical languages of Buddhism are *bhāvanā* ("mental development") and *jhāna/dhyāna* (mental training resulting in a calm and luminous mind).

### **Buddhist meditation - Wikipedia**

*Kālacakra* tradition. *Kālacakra* refers both to a patron Tantric deity or yidam (Wylie: *yi dam*) of Vajrayana Buddhism and to the philosophies and meditation practices contained within the *Kālacakra Tantra* and its many commentaries.

### **Kalachakra - Wikipedia**

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Das Vajrayana stützt sich mit der Lehre des Mittleren Weges auf die philosophischen Grundlagen des Mahayana. Im Tibetischen Buddhismus werden die verschiedenen buddhistischen *āyanas* (wörtlich: Fahrzeuge) anhand der Ziele oder der Methoden unterschieden.

### **Vajrayana – Wikipedia**

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